



Miranda Medical Centre

Our chemist is now open

573 Kingsway
Miranda, NSW 2228

Mon-Fri: 8am-10pm
Sat-Sun: 8am-8pm

As a centre we take pride in providing comprehensive health services all on the one site, saving you time and money. It brings us great excitement to announce the opening of our chemist. The chemist operates Mon-Fri: 8am-10pm and Sat-Sun: 8am-8pm. The chemist offers personalised service and an extensive range of products at affordable prices. Head on in for a visit today!

Below is a list of the services provided in Miranda Medical Centre:

Upcoming Health Events:

Shoctober

01/10/2014

World Cerebral Palsy Day

1/10/2014

**National Mental Health
Week**

05/10/2014

**Haemophilia Awareness
Week & Red Cake Day**

12/10/2014

World Osteoporosis Day

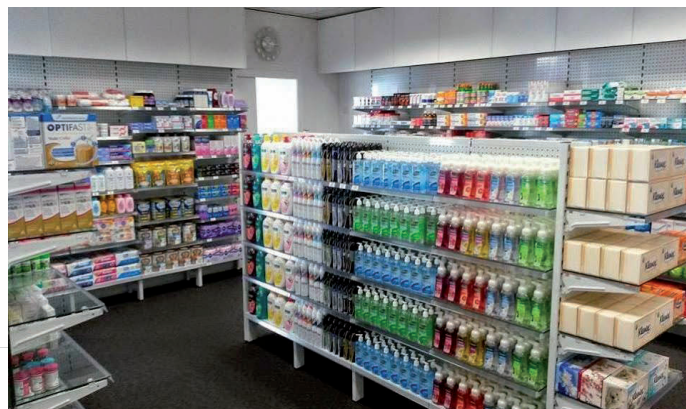
20/10/2014

Baby's Day Out

25/10/2014

Connect with us and join the
conversation on:

- Instagram - Facebook
- LinkedIn - Health Engine



Allied Health Professionals:

Physiotherapy – Julie McDonald

Podiatrist – Kathryn Mckelvey

Dentist – Dr A. Kohli

Psychologist – Kate Brennan

Psychologist – Adrian Hall

Psychologist – Dianne Aslin

Psychologist – Nasreen Ajam

Psychologist – Romina Picciau

Psychologist – Caroline Issa

Psychologist – Michelle Pal

Visiting Specialists for the Practice are:

Dr Claude Hakim – **Gynaecologist**

Dr Prem Kumar – **General Surgeon**

Dr Stephen Rimmer – **Orthopaedic
Surgeon**

Dr Goran Stevens – **Psychiatrist**

Dr David Manahar – **Pain Physician**

Dr Bernard Beldholm – **Cosmetic Surgeon**

**FOR MORE INFORMATION ABOUT ANY OF OUR
HEALTH SERVICES**

**CALL (02) 9540 1044 OR
VISIT US ONLINE AT**

WWW.MIRANDAMEDICALCENTRE.COM.AU

UNDER THE SPOTLIGHT

Get to know your health professionals



Gerry Taniane

5 COMMON SIGNS OF HEARING LOSS

Hearing loss can often occur so gradually that most people don't

even notice they have a problem, so it's important to be able to recognise the signs!

Here are five common indicators that you may have hearing loss:

1. You have difficulty hearing people talking on the telephone

2. You have difficulty hearing in noisy environments
3. The volume is on full
4. You speak to loudly
5. You misunderstand what people say.

What to do next

Like with any medical condition, those who suspect they, or a loved one, have hearing loss should

see a Connect Hearing clinician as soon as possible. Hearing loss is very common and these days there are a range of options that mean living with hearing loss doesn't have to affect your quality of life.

Call: (02)9792 2970

www.connecthearing.com.au

Skin Cancer Checks

Do I really need one?

According to the Australian Cancer Council one in two Australians will develop skin cancer each year. Australia has the highest rate of Skin Cancer in the world with 1,200 Australians of all ages dying from it every year.

The unfortunate fact is that a large majority of the deaths from Skin Cancer are preventable through early detection and treatment. Now is a good time to take action and beat the summer heat.

Miranda Medical Centre offers bulk-billing Skin Cancer checks and treatment. These are performed by experienced and highly trained professionals:

- Dr Du Toit
- Dr Yim
- Dr Zobair

Don't delay, make an appointment today.



What is Cerebral Palsy?

Who does it affect?

There are over 34,000 people living with Cerebral Palsy in Australia and 17 million worldwide.

Cerebral Palsy describes a range of disabilities associated with a person's movement and posture. The condition distorts messages from the brain to cause increased or reduced muscle tension. Messages from the brain can also be mistimed, sent to the wrong muscle, or not sent at all. This affects the synchronisation and quality of messages, resulting in unpredictable movement of the muscle.

Cerebral Palsy is usually the result of changes in, or injury to, the developing brain before or during birth, or sometimes in early childhood.

Cerebral Palsy is the most common physical disability in childhood. It affects a person's speech, making it difficult for them to sometimes respond verbally. It can also affect their physical ability to walk and the control of their facial muscles.

If you would like to donate to further research and treatments then visit www.cerebralpalsy.org.au

7 Little Words

1. Single things (5)
2. Nelson Mandela's second wife (6)
3. Making sheepshanks (8)
4. Furthest from being heavy (9)
5. Central airports (4)
6. Some male politicians (9)

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Clinic Café

The Clinic Café is located on the ground floor of Miranda Medical Centre. The Café offers a variety of warm and cold refreshments, cakes, pastries, toasted sandwiches and confectionary goodies.

So why not head down for a bite while you wait. Discounts and specials are available for Miranda Medical Centre patients.

Joke of the Month

"Doctor, Doctor, You've got to help me! – I just can't stop my hands shaking!"

"Do you drink a lot?"

"Not really – I spill most of it!"

Have any interesting stories or suggestion for next month's edition? Then feel free to email them to jholden@medical-practice.com.au